

## Tame your trunk

Trunk jumbled with fitness gear? Restore order with our favorite new duffel-bag organizers: The rubber-bottomed Mountainsmith Modular Hauler 3 System Deluxe (at left; \$149 with three internal storage bags; [www.mountainsmith.com](http://www.mountainsmith.com)), the multi-pocketed Kelty Binto Hauler (\$90 with three removable storage bins; [www.kelty.com](http://www.kelty.com)), and the superdurable Eagle Creek Toy Chest 60 (\$90, internal bags sold separately, \$20 to \$30 each; [www.eaglecreek.com](http://www.eaglecreek.com)).



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NUMBER OF CALORIES  
more per hour a 150-  
pound woman burns  
walking on sand  
versus pavement

**112**

Calories in one  
frozen daiquiri

Sources: "Mechanics and Energetics of H  
Biology; Barbara Ainsworth, PhD/Americ

Photos: clockwise from top right: Getty Images